Increase Your Exposure! • Improve Your Show Results!

Market yourself with a display ad in the official WholeExpo show program!



The Four Corners Showcase of Holistic & Ecological Products, Services & Seminars



Connect with Other Consciously Aware Individuals, Enjoy a Variety of More Than 50 Exhibitors, 20 Seminars/Workshops, Music, Food and More!

WEEKEND AFTER LABOR DAY
SATURDAY, SEPT. 10 10:00 AM-5:00 PM SUNDAY, SEPT. 11 10:00-5:00 PM

LA PLATA COUNTY FAIRGROUNDS

MAIN EXHIBIT HALL

2500 N. MAIN AVE

DURANGO, COLORADO

Exhibitor List, Speaker Schedule & Event Info at WholeExpo.com Facebook.com/WholeExpo

Admission \$5 Adults, Childrern 12 & under Free

Sponsored by:

















by how many service men and women were struggling with this simple daily activity. In charge of creating a traumatic brain injury

<u>ks</u>hops

in an Army clinic, she set am the art of mastering rough cognitive behavioral Her newfound passion for sulted in the creation of a she called Sleep Gym, then later shared with VA and DoD providers. In the program's success, invited and sat on the nical Recommendations p Post-Concussion work aura continues to learn eep mastery and finds ple activity to be highly and attainable.

:00
A Hopi Shaman's
Wisdom: The
4 Virtues to
Enlightenment with
De Alva Ward

ople are known as aceful People". Their stem is based on the and sacredness of universal connection. Sacredness evolves from the four virtues of universal laws. Understanding this connection opens the gateway to understanding your connection with the world and your environment. By implementing these virtues you will attain a deeper meaning to life, bringing you closer to a higher power and gaining wisdom to your own enlightenment.

De Alva Ward is a Hopi Shaman, spiritual teacher, and speaker. She incorporates her techniques based on her cultural and spiritual wisdom into her healing sessions and readings to bring harmony to the mind, body, and spirit. Her lectures are about Native American wisdom that can bring balance to a modern lifestyle and empower individuality for a deeper spiritual path to life.

your kids

locally grown

FAMILY OWNED

EST. 1993

970.247.1988

300 S. Camino del Rio | Durango NaturesOasisMarket.com



ve a healthy life for

e your Divine Calling; site that generates real e traffic and reach a

igh seminar leader on coach. He currently nternet businesses that automatic income. He -Behavioral Psychology Jounseling and a PhD. Psychology.

sulting

• Coaching • Counseling ommunication :hip • Career Business 3764 6-0403 sultgalaya.com

DWN

Act Today!

Affordable Prices! Space Is Limited!

See reverse for prices & size

3:00 - 4:00



Self-Healing Immersion with Shannon Van Den Berg

Self-healing is the key to all transformation. It raises your vibration, shifts your consciousness, manifests your desires, and accelerates spiritual growth. Knowing how to start your self-healing path and cultivate an aligned daily practice creates a foundation for deep, powerful life transformation and multidimensional connections. Whether you want to deepen your spirituality, open to the flow of prosperity, heal your body or change the wibration of the planet, self-healing lays the foundation for all growth and expansion. Shannon will give you tools to step firmly into your selfhealing path and will facilitate a shamanic

SHARE YOUR THOUGHTS. VISION AND VOICE!

Write on topics like: Health & Wellness, Local Business, Food, Lifestyle, Events & more...





for details visit durangodowntown.com/contributors